

Programme Information:

Facility Opening Times:

Monday to Friday 8.30am – 10pm
Saturday & Sunday 8.30am – 4.30pm

Activity Areas Opening Times:

Sports Hall:

Monday to Friday 9am – 10pm
Saturday & Sunday 9am – 4pm

Fitness Suite:

Monday to Friday 9am – 10pm
Saturday & Sunday 9am – 4pm

Spa Suite:

Monday & Thursday 10am - 12.00, 2 - 4pm
Tuesday 2 - 4pm & 5 - 9pm
Wednesday 10am - 12.00, 2 - 4pm & 5 - 9pm
Friday 2 - 4pm & 5 - 9pm
Saturday & Sunday 10am - 1pm
Ladies Only Monday 5 - 9pm
Tuesday 10am - 12 noon
Thursday 5 - 9pm
Friday 10am - 12noon

Football Pitches:

Monday – Friday 10.00am – 10.00pm
Saturday & Sunday 10.00am – 4.00pm

All opening times to be reviewed September 2010

Dance Studio: from 7th to 30th June 2010:

Dance (5 to 11yrs), Monday: 5 - 6pm >>> £1 per session
Dance (12 to 16yrs), Monday: 5 - 6pm >>> £1 per session

Sports Hall: from 7th to 30th June 2010:

Multi Sports (8 to 13yrs), Wednesday: 5 - 7pm >>> £1 per session
Multi Sports (8 to 13yrs), Wednesday: 5 - 7pm >>> £1 per session

Pricing Information:

Sports Hall Hire and Activities:

Whole Hall - Adult £27.00
Whole Hall - Junior £13.90

5 a side - Adult £32.00
5 a side - Junior £16.60

Badminton - Adult £9.70
Badminton - Adult Leisure Pass holder £9.00
Badminton - Adult Leisure Key 'Active Plus Pass' holder £4.90
Badminton - Adult 'Off Peak' £5.00

Table Tennis - Adult £3.10
Table Tennis - Adult Leisure Pass holder £2.90
Table Tennis - Adult 'Active Pass' holder £1.60
Table Tennis - Junior £1.60

Group Workout session £4.00

Fitness Suite Membership and Casual Use:

All Fitness Suite Customers must have an induction session:

Induction: £12.00
Re-test: £6.00

Casual Use
Adult £5.00
Adult Leisure Key 'Active Plus Pass' holder £3.40
Adult Off peak £3.80
Teen Fit (13-15yrs) £2.50

Monthly payment (Ken Ward gym only) £18.00
Monthly payment (Ken Ward gym inc sauna) £22.00
Monthly payment Teenfit (Ken Ward gym only) £12.00

Locker Deposit £1.00